

After Laryngoscopy

- Absolutely NO talking, at all, for 3-5 days (not even whispering)
- After first 3-5 days, only necessary talking, or very little talking, for 7 more days (no talking on the phone, no singing, etc.) at a very low volume.
- Expect bloody mucous when coughing for 3-5 days, but try to avoid coughing, if possible
- Take codeine for cough and for any discomfort
- Normal diet
- Take antibiotic as directed
- Call office if worsening cough or pain, or increased blood in mucous
- Follow up appointment as booked by the office