

After Parotidectomy Surgery

- NO driving if taking pain medication
- NO bending, straining or heavy lifting (>20 lb) x 7 days
- Sleep with head on 2-3 pillows
- May shower starting 2 days after surgery
- May allow incision to get wet; just pat dry following shower
- Do not pick at or scratch at stitches or skin glue
- If stitches in place, clean incision and stitches with peroxide twice daily, and then apply Bacitracin ointment in a thin coat over all the stitches and incision.
- If skin glue in place, do not clean or apply anything or rub glue; just pat dry after shower.
- Expect numbness and tingling around the incision for at least 2-3 weeks; could last up to 3-4 months
- Expect numbness of the ear lobe for 6 months or more
- Normal diet
- Take antibiotic and pain medication as directed
- Ice to incision site if swelling, 20 minutes 3 times a day
- Follow up appointment as booked by the office